

## DEAR rockins PARENT:

We are looking forward to working with your child. radKIDS is a dynamic and exciting program where your child will learn about safety awareness and physical defense. In order to foster the best learning environment possible, we have developed the following sets of rules, rewards and discipline procedures. They will be followed for the duration of the program. Please go over them with your child and sign and return the attached form. If you have any questions or concerns please feel free to contact your child's Instructor(s).

## radKIDS CLASS RULES

- 1. Walk, don't run.
- 2. Keep hands, feet and objects to yourself.
- 3. Use a quiet voice unless otherwise directed by instructor.
- 4. Raise your hand and wait to be called on.
- 5. Follow the directions of your instructor/teacher.
- 6. Be polite and respect others.
- 7. Ask questions.
- 8. Do not use equipment without permission.
- 9. No competing or practicing with classmates.
- 10. Report any injuries right away.
- 11. No horseplay.
- 12. When you see the closed fingers raised it is a signal for you to be quiet.

radKIDS<sup>®</sup>

9 New Venture Drive
Unit #4

5. Dennis, MA 02660
(508) 760-2080

www.radkids.org radkids@radkids.org



Personal Empowerment Safety Education®



## RadKIDS REWARDS

Rewards for appropriate behavior will be given at the end of each class. Some possible rewards are Stickers, Certificates, and/or Grab bag treats.

## RadKIDS DISCIPLINE

Below are the steps that will be taken if a child chooses not to follow a rule:

1<sup>st</sup> Offense: Child will receive a warning and his/her name will be written on the board or flip chart.

2<sup>nd</sup> Offense: Child will be given a time out and a check mark will be placed next to his/her name.

3<sup>rd</sup> Offense: Child will be given one more time out and a second check mark will be placed next to his/her name.

4<sup>th</sup> Offense: Child will not be allowed to further participate in that day's class and parent will be contacted.

For severe disruptions such as fighting or hitting\* the child's parents will be contacted and the child will not be allowed to continue participating in that day's class.

\*Please explain to your child that there will be a time when he/she is asked to hit padded targets and at those times hitting is OK.

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With \_\_\_\_\_\_. (Child's name)

Signature\_\_\_\_\_

(Parent or Legal Guardian)

Date

Date\_\_\_\_\_

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radKIDS<sup>®</sup> Instructor Manual/Section 5