



CITY OF
TALLAHASSEE

RETIREE NEWSLETTER

For City of Tallahassee Retirees Who Want to be Informed & Engaged





A WARM AUTUMN INTRODUCTION

As the summer heat begins to ease and North Florida welcomes the vibrant colors and cooler breezes of fall, we extend our warmest greetings to all City of Tallahassee retirees.

Fall is a season of renewal, reflection, and fresh opportunity—and we are excited to share important updates, helpful reminders, and upcoming events designed with you in mind. Thank you for your continued engagement, spirit, and dedication to our community.

IMPORTANT ANNOUNCEMENT

PAY ADVICE TRANSITION TO PEOPLESOFT SELF SERVICE

Beginning Fall 2026, retirees who currently receive mailed pay advice will no longer receive paper pay advice through the mail. To improve security and minimize the risk of fraudulent activity, all pay advice will now be accessible exclusively through PeopleSoft HCM Self Service. If you do not have viable access to log in to your Self-Service portal, please contact the Retirement Department for alternative options.

We are here to help. Retirement Department Contact: Phone: 850-891-8232

PROTECTING YOUR RETIREMENT: REDUCING FRAUDULENT ACTIVITY



Retirees nationwide have increasingly become primary targets for financial criminals. To help safeguard your information and reduce the risk of fraudulent activity involving retirement accounts, the city will no longer mail out pay advices effective January 1, 2027.

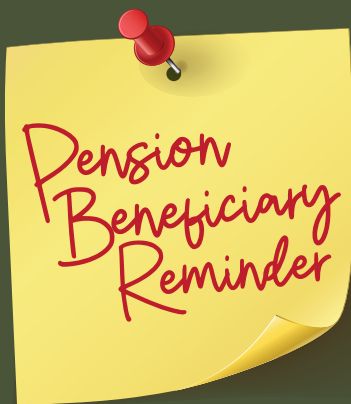
Here are a few additional tips to help protect yourself:

Review your financial accounts regularly.

Avoid sharing personal information over phone or email unless you initiated the contact.

Update your passwords frequently using strong, unique combinations.

Notify the Retirement Department immediately if you suspect unusual activity.



KEEP YOUR INFORMATION UPDATED

Make sure your pension beneficiaries reflect your current wishes.

If you selected a 10, 15, or 20 Year Certain and Life benefit, please take the time to review your beneficiary on file with the Retirement Department. Your pension beneficiary applies only to your pension plan. Beneficiaries for your defined contribution accounts (401k, 457, DROP, and 175 and 185 Supplemental Share Accounts) must be updated directly with Empower Retirement. For such accounts previously listed you may list multiple or separate beneficiaries if you choose. The key is ensuring that your records accurately reflect your intentions.

THE IMPORTANCE OF STAYING ACTIVE IN RETIREMENT

Staying engaged—physically, mentally, and socially—plays a major role in your long-term well being. Research shows retirees who remain active are more likely to experience improved mobility, sharper cognitive function, and enhanced emotional well being.

A few motivating stats:

- Retirees who engage in regular physical activity are up to 30% less likely to experience mobility limitations.
- Participating in social activities can reduce the risk of depression in older adults by up to 25%.
- Those who maintain regular cognitive stimulation (such as puzzles, reading, or learning new skills) have a significantly lower risk of cognitive decline.

Combining physical exercise, mental stimulation, and social involvement creates a powerful balance that supports healthier, happier living.



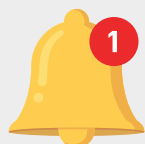
APPROACHING AGE 65? MEDICARE ENROLLMENT REMINDER



For our pre 65 retirees, please remember to enroll in Medicare Parts A & B in a timely manner. The enrollment window begins 3 months before your 65th birthday and ends 3 months after. Failing to do so could result in penalties and fees. The Social Security Administration now requires the following forms for Medicare enrollment:

- CMS 40B – Application for Enrollment in Medicare
- CMS L564E – Request for Employment Information
(The Retirement Department will assist you with this form.)

Please contact the Retirement Department to obtain your CHP or Florida Blue Medicare enrollment forms, and request completion of the CMS L564E. Early action ensures smooth and uninterrupted coverage.



Reminder

If you're turning age 73, RMD (Required Minimum Distribution) begins. Please be on the lookout for an email correspondence or letter in the mail from Empower. Also, please visit Talgov.com/Employment/Retire_Empower to schedule a meeting with Jay Nix, Empower Representative on behalf of the City of Tallahassee.

SAVE THE DATE EVENTS

OCT
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34th Annual "Retiree Opening Night" Appreciation Luncheon

Date: October 22, 2026

Time: 10:30 a.m. – 2:00 p.m.

Location: Antique Car Museum, 6800 Mahan Dr., Tallahassee, FL

We're excited to celebrate our retirees with another wonderful Opening Night Luncheon! This year, we're bringing back a favorite tradition—retiree made desserts, just like the good ole' times. If you'd like to bring a dessert to share, please let us know. We appreciate your help in making the luncheon even more special.

We're also looking for retirees with talent to add some extra fun and enjoyment to the event. If you enjoy singing, playing an instrument, or sharing poetry, we'd love to hear from you. We hope to feature five performers with extraordinary talent.

If you're interested in performing, please contact our office by emailing Retirement@Talgov.com to add your name to the list of performers.

NOV
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Open Enrollment for Retiree Benefits

The 2026 Open Enrollment period will run from November 15th – December 15th.

Public Safety News: TPD and TFD Upcoming Events

AUG
16

Tallahassee Police Department (TPD) Retirees

Annual Retiree Picnic (Luncheon) August 16, 2026

Will be held at the North Florida Fairgrounds from 11am - 2pm.



OCT
17

Tallahassee Fire Department (TFD) Retirees Upcoming Retiree Luncheon at Pumphrey Farm

This fall, we honor Don Pumphrey for his lasting dedication to TFD.

Date: Saturday, October 17, 2026

Location: Pumphrey Farm, 2025 Spooner Road Quincy, FL

Contact: Pam – 850.545.6858

Gathering begins around 11:00 a.m. – Until

Lunch served around 12:00 p.m.

Note: Please bring a covered dish.

