

Leon Co. Senior Outreach 2026 Election Changes

Bradfordville: Bradfordville Community Center, 6808 Beech Ridge Trail

Monday Yoga: 8/3, 8/10, 8/17, 10/12, 10/19, 10/26, and 11/2

Wednesday Yoga: 8/5, 8/12, 8/19, 10/14, 10/21, 10/28 and 11/4

Tuesday Sr. Fitness classes will be at Bradfordville CC (8/4, 8/11, 8/18)

Friday Sr. Fitness classes will be at *Northside Community Center*, 8005 Oak Grove Road off Bannerman – Room 102A. Ferdouse's class will be at 9:30am and Llona's class will be at 10:30am – only 2 classes instead of the usual 4 classes. (8/7, 8/14, 8/21)

Chaires: Unity Eastside, 8551 Buck Lake Road

Sr. Fitness (MWF): 8/10, 8/12, 8/14, 8/17, 8/19, 8/21, 10/26, 10/28, 10/30, 11/2, 11/4, 11/6

Sit & Fit (T/Thu): 8/11, 8/13, 8/18, 8/20, 10/27, 10/29, 11/3, 11/5

Fort Braden: Fitness classes will be held in the Dining Room of the Fort Braden CC

August Lunch & Learn will occur on Tuesday, July 28th

October Lunch & Learn will occur on Tuesday, October 6th

Lake Jackson: Fellowship Baptist Church, 3705 N. Monroe Street

Canasta & Cards: Youth Room

Tuesdays (12-4:30): 8/4, 8/11, 8/18, 10/13, 10/20, 10/27, 11/3

Lunch & Learns: Fellowship Hall

Thursday, August 20th (9-12:45)

Thursday, October 15th (9-12:45)

Yoga: Youth Room

Wednesdays (1:45-3:15): 8/5, 8/12, 8/19, 10/14, 10/21, 10/28, 11/4

Miccosukee: The Retreat at Bradley's Pond, 9002 Bradley Road, events building

Senior Fitness (11:15-12:15)

Tuesdays: 8/11, 10/27

Thursdays: 8/13, 8/20, 10/29, 11/5

Woodville: Woodville First Baptist Church, 9500 Woodville Hwy, Fellowship Hall

Senior Fitness:

Mondays: 8/3, 8/10, 8/17, 8/24, 8/31, 10/19, 10/26, 11/2, 11/9

Wednesdays: 8/5, 8/12, 8/19, 8/26, 9/2, 9/9, 10/21, 10/28, 11/4

August 13th Lunch & Learn in the Fellowship Hall